

# Wound Management Manual

## TABLE OF CONTENTS

Wound Management 101 .....	1
Review Of The Healing Process.....	2
Wound Glossary.....	3
Pressure Ulcers .....	4
Diabetes And Wound Care.....	7
Venous And Arterial Signs And Symptoms.....	8
Nutritional Aspects Of Wound Healing .....	10
Refining Your Assessment Skills .....	13
Guidelines To Test Or Not To Test! (Need Physician Orders).....	15
Debridement And Considerations .....	17
Wound Care Protocols.....	19
Pressure Ulcer Protocol.....	20
Venous Leg Ulcer Protocol.....	22
Diabetic Ulcer Protocol.....	24
Arterial Leg Ulcer Protocol.....	26
Burn Protocol.....	28
All Other Chronic Or Open Wounds .....	30
Documentation Requirements For Evaluation And Treatment.....	31
General Goals For Wound Healing For Documentation And Reimbursement.....	32

Wound Dressing Decision Tree.....	33
Addendum .....	34
Wound Management Policies .....	35
Wound Evaluations .....	36
Measurements Of Wound And Girth.....	38
Wound Assessment Per Visit .....	40
Monthly Recertification Documentation.....	41
Sterile Technique .....	42
Clean Technique .....	43
: Application Of Bandages .....	44
Dry To Dry Dressings .....	45
Wet To Dry Dressings .....	46
Wet To Moist Dressings .....	47
Transparent Film Dressings.....	48
Hydrocolloid Dressings .....	50
Hydrogel Dressings .....	52
Alginate / Hydrofiber Dressings.....	53
Wound Packing .....	55
Pulsatile Lavage With Suction.....	57
Whirlpool Treatments.....	59
Sharps Debridement .....	61
Wound Culture Collection.....	63
Electrical Stimulation For Wounds .....	64
Ankle Brachial Index.....	66

Rubor Of Dependency.....	68
Venous Filling Time .....	69
Compression Bandages .....	70
Silver Nitrate .....	72
Diabetic Visual Integumentary Screen.....	74
Diabetic Muscular Screen.....	76
Diabetic Neurological Screen.....	77
Wound Management .....	79
Your Skin.....	80
Signs And Symptoms Of Infection.....	81
Proper Eating For Wound Healing .....	82
Protecting Skin From Injury.....	85
Pressure Ulcers .....	88
Venous Insufficiency.....	89
Protecting Your Skin And Feet .....	90
Foot Care .....	92
Peripheral Vascular Disease Or Pvd .....	94
Skin Care And Scar Management .....	96
Wound Management .....	97
Admitting Patient Questionnaire .....	98
Questionnaire For Patients With Diabetes .....	100
Questionnaire For Patients With Diabetes .....	100
Admitting Wound Care Orders .....	101
Patient Agreement .....	102
Consent To Photograph.....	103

Wound Evaluation Form 1 .....	104
Wound Evaluation Form 2 .....	110
Wound Evaluation Form 3 .....	116
Wound Evaluation Form 4 .....	122
Daily Wound Flowsheet .....	128
Wound Description Examples.....	129
Monthly Plan Of Care Wound Update .....	130
Patient Progress Report .....	132
Wound Management .....	133
Bibliographic References .....	141