



Academy Medical Systems presents
An **All New** Accredited Webinar Series

Cardiac Rehabilitation: Clinical Tools to Build Essential Skills

Sign up Today!
As low as \$49/9 CEUs for
groups of 2 or more
(see details inside)

Live Webinar:

Tuesdays at Noon (Central)
beginning January 24th
thru February 28th, 2012

OR

Recorded Webinar:

Each live presentation is recorded
and available 24/7 for registered
viewers through March 13, 2012



P.O. Box 393 • Bend, OR 97709



Dated Material

Academy Medical
Presents

Cardiac Rehabilitation: Clinical Tools to Build Essential Skills

Who should attend...

Clinicians working with Cardiac Rehabilitation
Patients including Nurses, Exercise Physiologists,
Respiratory Care Practitioners, PTs, PTAs, OTs, and OTAs.

View Live
Webinar...

AND/OR
View Recorded
Webinar...



Attend
at home
or the
office

For
Groups
or
Individuals



Course Description

Cardiac rehabilitation clinicians are required to manage their patients through several weeks of treatment that includes impeccable clinical assessment skills, a broad knowledge of electrocardiographic (ECG) diagnostic skills, patient teaching to empower self-care, and confidence in knowing what to expect clinically and how to respond appropriately during outpatient cardiac rehabilitation. In addition, staff members are expected to have a solid foundation in risk factor management that includes knowledge of emerging risk factors, as they are often regarded by members of the community as experts in the topic. Beyond basic arrhythmia detection skills, two of the most important diagnostic ECG skills, that will be included in this series, are differentiation of wide QRS complexes and diagnosis of ischemia.

Academy Medical On Demand Courses

Our most popular, recently completed webinars are available in this recorded format. View these presentations at your convenience and pace, from your home or work, and earn accredited continuing education. **Over 100 courses available for immediate access.**

On Demand Course Catalog Sample

3-Lead ECG Monitoring and Arrhythmias: Back to the Basics	\$79/9 CEUs
Foundations of 12 Lead ECG Interpretation	\$79/9 CEUs
Pulmonary Rehab: From Novice to Expert	\$79/9 CEUs
Chronic Disease Management: Tools and Techniques to Help Patients Set and Achieve Goals	\$79/9 CEUs

Please visit our website: www.academymedical.com for a complete list of On Demand Courses and course details.



www.academymedical.com

P.O. Box 393 • Bend, OR 97709

866-414-3500

Cardiac Rehabilitation: Clinical Tools to Build Essential Skills

Academy Medical Systems offers webinars (seminars over the web) that can be viewed live or recorded, in hospitals and homes. A webinar series consists of six (6) one hour presentations with a 15 minute Q&A session immediately afterwards. Each presentation requires a short post-test and evaluation to be successfully completed to receive credit.

Live Presentations: January 24th - February 28th, 2012

Tuesdays at Noon - Central time (1pm Eastern; 11am Mountain; 10am Pacific)

Week 1: Cardiovascular Disease and Prevention

Goals of primary and secondary prevention; Major risk factors both modifiable and non-modifiable; Emerging risk factors; Candidates and precautions for resistance training.

Week 2: What Really Happens in Phase II Cardiac Rehabilitation (CR)?

Event definition including significant arrhythmias and ischemia; Subject characteristics including gender, age, comorbidities, risk factors, minutes of exercise, diagnoses; Revision of medical management; Outcomes; Differential diagnosis of wide QRS complexes.

Week 3: Diagnosing Ischemia in the Phase II CR Patient

Leads used to detect ischemia; Diagnostic quality; ECG characteristics of myocardial ischemia; Misdiagnosis of ischemia; Actions to take when ischemia is noted.

Week 4: Women and Heart Disease

Major risk factors, emerging risk factors, and genetic factors for heart disease presentation in women; Risks of exercise and insufficient exercise for women; Heart disorders common in women; Presentation, ECG and BP differences between men and women.

Week 5: The Elderly Patient in CR

Physical activity guidelines for the elderly; CR considerations including depression, dose-response of CR (lower morbidity and mortality), elderly population demographics and physical characteristics; Characteristics and Achievements of the oldest elderly: 79-94.

Week 6: Sexual Activity and the Cardiac Patient/ Common Medications in CR

Sexual dysfunction before and after myocardial infarction, after cardiac procedures, patients with heart failure; Fear factor; Position; Medications for erectile dysfunction, beta blockers, other medications.

Only
\$79

Includes entire
series (9CEs)

For Groups (2+)
Unlimited viewers
welcome
with \$79 enrollment.
Need CE's?
Add'l enrollments
only \$49 each

Recorded Presentations:

All live presentations are recorded and available 24/7 through March 13th, 2012 on our website for registered viewers from any computer with internet connection and speakers.

Register Online At:
www.academymedical.com

For more information please contact us:
Academy Medical Systems
P. O. Box 393, Bend, OR 97709
or call 866-414-3500

Accreditation Information

Nurses: Academy Medical Systems is an approved provider of continuing nursing education by the Illinois Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. 9 contact hours will be rewarded to nursing professionals at the completion of this program.

Academy Medical Systems is also a provider approved by the California Board of Registered Nursing, provider #CEP14413, for 9 hours. And we are also a provider approved by the Florida Board of Nursing, provider #2425, also for 9 hours.

The Iowa Nursing Board will recognize our recorded webinars as home study programs.

All other states recognize our approved provider status listed in the above text for continuing education credits.

Respiratory Therapists: Application has been made to the American Association for Respiratory Care (AARC) for continuing education contact hours for respiratory therapists.

Physical Therapists: PTs in the following states will receive 9 contact hours for completion of all 6 webinars: AK, CO, CT, HI, IA, ID, IN, KS (Cat 2), MA, ME, MI, MN (Cat 2), MT, NE, NM, ND, OR, RI, SC, SD, UT, VA (Type 2), VT, VI, WA, WY.

We are an approved provider to offer continuing competency courses to CA PTs, approval date 4/5/10. The following state boards recognize other state's approval: AL, AZ, GA (Class 1), KY, MO, MS, OK (Cat 2), WI.

An application has been submitted to the PA PT Board for course approval.

Because each state's continuing education requirements for physical therapists is subject to change, please verify this information with your state board. Thank you.

For additional accreditation information please visit the webinar description on our website - www.academymedical.com

Faculty profile:

Patricia Lounsbury, RN, BC, BSN, MEd, CCRN, FAACVPR

Ms. Lounsbury is an Advanced Practice Nurse and Program Director of a Cardiovascular Health, Assessment, Management and Prevention Service at a large midwestern university hospital. After earning a Bachelor of Science (BSN) degree with Honors she went on to complete a Master of Education (MEd) degree at Iowa State University. She has over 35 years nursing experience and is board certified in Cardiac Rehabilitation, Critical Care Nursing and is certified in ECG Interpretation Proficiency: Advanced by the Marriott Heart Foundation. Ms. Lounsbury is also a fellow of the American Association of Cardiovascular & Pulmonary Rehabilitation (AACVPR) and the American College of Cardiovascular Nursing (ACCN).

An invited international lecturer, Ms Lounsbury has delivered over one hundred presentations on a variety of cardiac topics to regional, national and international conferences, universities and currently serves as an adjunct instructor, University of Iowa, College of Nursing and Emergency Medical Services. She has also authored and coauthored articles in peer-reviewed, professional journals, as well as abstracts, book reviews and poster presentations. Ms. Lounsbury has also coauthored two books on Cardiac Rhythm Disorders.